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## Open Facebook

Open your Facebook page and scroll through your news feed until you find a post you didn't like.



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## Snoozing

After finding the post, click on the three-dot symbol and choose the snoozing option.



## 30 days of Snooze

After snoozing the post you didn't quite like, you will not see another post from that account for 30 days.



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## VVhy Snooze?

Snoozing someone is your natural right because you don't have to see negativity on your news feed. If you don't want to just cut that person from your Facebook, you can just snooze it!